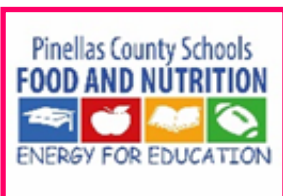


# OCTOBER 2024

## Grab & Go Breakfast Menu



2024 National School Lunch Week  
October 14—18

SCHOOL LUNCH PIRATES  
FIND YOUR TREASURE!  
OCTOBER 14-18, 2024

DID YOU KNOW?  
REAL PIRATES  
EAT THEIR  
FRUITS AND  
VEGGIES!

2024 NATIONAL SCHOOL LUNCH WEEK

**Grab & Go  
Breakfast Meals**

**Will Include:**  
Fresh, Dried or  
Cupped Fruit and  
100% Juice

**And Milk Choice**  
Low Fat White,  
Fat Free Chocolate,  
Fat Free Strawberry or  
Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu &amp; Nutrition Information or to download the app on your device Visit <a href="http://MealViewer.com">MealViewer.com</a></p>	<p>1 <b>Cold Cereal Variety &amp; Keebler Animal Crackers</b> 100% Fruit Juice Sun Sweet Dried Fruit Milk Choice</p>	<p>2 <b>Frosted Cinnamon Pop-Tart &amp; Trix Raspberry Yogurt Cup</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>3 <b>Cold Cereal Variety &amp; Dick &amp; Jane Farmers Market Crackers</b> 100% Fruit Juice Orchard Cupped Fruit Milk Choice</p>	<p>4 <b>Trix Cereal Bar &amp; String Cheese Stick</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>
<p>7 <b>Glazed Pull-A-Parts</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>1 <b>Cold Cereal Variety &amp; Keebler Animal Crackers</b> 100% Fruit Juice Sun Sweet Dried Fruit Milk Choice</p>	<p>9 <b>Blueberry Muffin Flat &amp; String Cheese Stick</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>10 <b>Cold Cereal Variety &amp; Dick &amp; Jane Farmers Market Crackers</b> 100% Fruit Juice Orchard Cupped Fruit Milk Choice</p>	<p>11 <b>Frosted Strawberry Pop Tart &amp; Trix Raspberry Yogurt Cup</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>
14	15 <b>NATIONAL</b>	16 <b>SCHOOL</b>	17 <b>LUNCH</b>	18 <b>WEEK</b>
<p>No School for Students Pro-Ed Day</p>	<p>1 <b>Cold Cereal Variety &amp; Keebler Animal Crackers</b> 100% Fruit Juice Sun Sweet Dried Fruit Milk Choice</p>	<p>1 <b>Strawberry Nutrigrain Bar &amp; String Cheese Stick</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>1 <b>Cold Cereal Variety &amp; Dick &amp; Jane Farmers Market Crackers</b> 100% Fruit Juice Orchard Cupped Fruit Milk Choice</p>	<p>1 <b>Chocolate Muffin Flat &amp; Danimals Strawberry Yogurt Cup</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>
<p>21 <b>Banana Bread Slice</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>22 <b>Cold Cereal Variety &amp; Keebler Animal Crackers</b> 100% Fruit Juice Sun Sweet Dried Fruit Milk Choice</p>	<p>23 <b>Frosted Cinnamon Pop-Tart &amp; Trix Raspberry Yogurt Cup</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>24 <b>Cold Cereal Variety &amp; Dick &amp; Jane Farmers Market Crackers</b> 100% Fruit Juice Orchard Cupped Fruit Milk Choice</p>	<p>25 <b>Trix Cereal Bar &amp; String Cheese Stick</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>
<p>28 <b>Glazed Pull-A-Parts</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>29 <b>Cold Cereal Variety &amp; Keebler Animal Crackers</b> 100% Fruit Juice Sun Sweet Dried Fruit Milk Choice</p>	<p>30 <b>Blueberry Muffin Flat &amp; String Cheese Stick</b> 100% Fruit Juice Seasonal Fresh Fruit Milk Choice</p>	<p>31 <b>Cold Cereal Variety &amp; Dick &amp; Jane Farmers Market Crackers</b> 100% Fruit Juice Orchard Cupped Fruit Milk Choice</p>	

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